

## General Info

## Objectives of the Course

To be able to train nurses who have adopted lifelong education, who know the basic concepts related to mental health and diseases and who can use this knowledge in nursing practices by examining the basic concepts, theories, principles and methods related to learning-teaching, adopting a systematic planned work, adopting lifelong education, who can use it in contemporary roles and functions that they will undertake in the protection, development, treatment and rehabilitation of the health of healthy / sick individuals, families and society in line with the needs of the country.

## Course Contents

Introduction to Mental Health / Psychiatric Concepts, Developmental Theories, Biological Foundations and Defense Mechanisms, Consultation Liaison Psychiatry (CLP) Nursing, Mental Status Assessment, Therapeutic Communication Techniques, Psychiatric Interview Principles, Therapeutic (Therapeutic Environment), Community Mental Health Services, Nursing Process in Psychiatric Nursing, Personality Disorders, Psychoneuroses, Mood Disorders, Schizophrenic Disorders, Psychosexual Disorders, Psychosomatic Disorders, Substance Use Disorders, Neurocognitive Disorders, Eating Disorders, Psychopharmacology, Somatic Treatments, Psychosocial Care, Legal and Ethical Issues in Psychiatric Nursing

## Recommended or Required Reading

1. M. Olcay Çam & Esra Engin (Editor). Mental Health And Diseases Nursing The Art Of Care. İstanbul Medical Bookstore. 2014 2. Nermin Gürhan (Editor). Mental Health and Psychiatric Nursing. Ankara Nobel Medical Bookstores, 2016 3. Leyla Baysan Arabacı (Editor). Basic Nursing Care in Mental Health and Diseases. Ankara Nobel Medical Bookstores, 2020

## Planned Learning Activities and Teaching Methods

Lecture, discussion, question and answer, interactive training methods, role playing, problem solving, case study/case analysis

## Recommended Optional Programme Components

In accordance with the "Nevşehir Hacı Bektaş Veli University Education Examination Regulations", students are obliged to attend 80% of the practice and 70% of the theoretical courses. Attendance is compulsory in the education of mental health and diseases nursing course. Students who are absent more than 25 hours from the theoretical course repeat this course due to exceeding the absenteeism period.

## Instructor's Assistants

Dr. Lecturer HÜRMÜS KUZGUN Dr. Lecturer Şenay ŞERMET KAYA

## Presentation Of Course

The theoretical part of the Mental Health and Diseases Nursing course consists of 14 weeks and a total of 84 hours in the fall semester. Each lecture hour will be 45 minutes and will be held in the classrooms specified in the program. Students are expected to participate interactively during the course. In order for students to actively participate in the course and for the course to be conducted interactively, students must be present in the class.

## Dersi Veren Öğretim Elemanları

Assoc. Prof. Dr. Gülnar Küçük Öztürk

## Program Outcomes

1. Can define mental health and psychiatric nursing.
2. Can evaluate the mental state of the individual.
3. Can apply the care process in line with mental health and psychiatric nursing.
4. Can evaluate the results of the care provided in line with the mental health and psychiatric nursing process.
5. Can apply nursing interventions to individuals with mental disorders and their families.
6. Can explain emergency psychiatric situations.
7. Can explain legal issues and ethical problems that are important in psychiatry.
8. Can exhibit behavior in accordance with ethical principles in psychiatry.

## Weekly Contents

Order	Preparation	Info	Laboratory	Teaching Methods	Theoretical	Practise
1	Mental Health and Psychiatric Nursing Course Information Package		Lecture, Question-answer, Discussion,		Introduction of Mental Health and Psychiatric Nursing course Introduction to Mental Health and Psychiatric Nursing & History Roles and Responsibilities of Mental Health and Psychiatric Nursing	
2	Bekiroğlu, S. (2021). Stigmatization of individuals with mental illness: a conceptual study of the factors affecting and their effects on individuals. OPUS International Journal of Society Researches, 17(33), 595-618. Instructor Lecture Notes Mental Health and Diseases Psychiatric Nursing Art of Care Book Chapter 1-2-12		Lecture, Question-answer, Discussion, Group discussion, Concept Map		Factors Causing Mental Illness Basic Symptoms and General Concepts in Mental Disorders	

Order	Preparation	Info	Laboratory	Teaching	Methods	Theoretical	Practise
3	Mental Health and Psychiatric Nursing The Art of Caring Book Chapter 7-10		Lecture Concept Map Question- Answer Movie Watching and Interpretation (One Flew Over the Cuckoo's Nest)		Mental status assessment Mental Health and Psychiatric Nursing Nursing process Psychiatric Interview and Observation		
4	İçel, S., Özkan, B., & Aydoğan, A. (2016). The Role of the Nurse in Community Mental Health Centers. Ankara Medical Journal, 16(2). Ergün, S. K. Community Mental Health and Community Mental Health Nursing. Journal of General Health Sciences, 6(1), 172-181.		Lecture, Question and Answer, Discussion, Group Discussion, Research		Community Mental Health and Its Importance Services for Community Mental Health Roles and Responsibilities of the Nurse in the Development of Community Mental Health Recognizing Society		
5	Kocaman, N. (2005). What is consultation liaison psychiatry nursing and its role?. Journal of Anatolia Nursing and Health Sciences, 8(3), 107-118. Kocaman, N. (2006). Consultation liaison psychiatry nursing and psychosocial care in general hospital. Turkey Clinics of Internal Medicine Psychiatry Consultation Liaison Psychiatry Special Issue, 47(2), 97-107. Kaçmaz, N. (2006). CONSULTATION LIAISON PSYCHIATRY AND CONSULTATION LIAISON PSYCHIATRY NURSING: A HISTORICAL OVERVIEW. Journal of Anatolia Nursing and Health Sciences, 9(1), 75-85.		Lecture, Question- answer, Discussion, Group discussion, Educational Game- Based Learning, Case Study		Therapeutic Environment Consultation Liaison Psychiatry		
6	Karakuş, G., Kocal, Y., & Sert, D. (2017). Schizophrenia: Etiology, clinical features and treatment. Journal of Archival Resource Search, 26(2), 251-267. Summakoğlu, D., & Ertuğrul, B. (2018). Schizophrenia and its treatment. Lectio Scientific, 2(1), 43-61. Mental Health and Psychiatric Nursing Chapter 20 from The Art of Care Book		Lecture, Question- answer, Discussion, Group discussion, Discussion on Movie Analysis, Problem-Based Learning, Creating a Nursing Care Plan		Schizophrenia and Other Psychotic Disorders and Nursing Care		
7	Yeloglu, Ç. H. (2017). An important mental health problem: bipolar disorder. The Medical Journal of Mustafa Kemal University, 8(30), 41-54. Eroğlu, M. Z., & Özpozraz, N. (2010). Preventive treatment in bipolar disorder. Psikiyatride Güncel Yaklaşımlar, 2(2), 206-236. Kesebir, S. (2004). Depression and somatization. Clinical psychiatry, 1, 14-19. Mental Health and Psychiatric Nursing Care Instruction Book Chapter 17-18		Lecture, Question- answer, Discussion, Group discussion, Question and Answer on Movie Analysis, Creating a Nursing Care Plan, Case Analysis		Depression Disorders and Nursing Care Bipolar and Related Disorders and Nursing Care		
9	ŞENORMANCI, G., Konkan, R., & ŞENORMANCI, Ö. (2017). Obsessive Beliefs in Generalized Anxiety Disorder. Journal of Cognitive Behavioral Psychotherapy and Research, 6(3), 115-122. Konkan, R., ŞENORMANCI, Ö., Güçlü, O., Aydin, E., & Sungur, M. Z. (2012). Obsessive-compulsive disorder and obsessive beliefs. Anatolian Journal of Psychiatry/Anadolu Journal of Psychiatry, 13(2). Ersoy, F., Edirne, T., & Oğuz, T. F. (2003). Anxiety disorders in primary care. Sted, 12(9), 326-327. Mental Health and Diseases Psychiatric Nursing Art of Care Book Chapter 15		Lecture, Question- answer, Discussion, Group discussion,Movie Analysis, Case Discussion		Trauma and Stressor Related Disorders Anxiety, Obsessive Compulsive and Related Disorders		
10	Oyama, O., Paltoo, C. and Greengold, J. (2007). Somatoform disorders. American Family Physician , 76 (9), 1333-1338. Kirmayer, LJ and Taillefer, Suzanne (1997). Somatoform disorders. Adult psychopathology and diagnosis , 3 , 333-383. Kirmayer, LJ and Taillefer, Suzanne (1997). Somatoform disorders. Adult psychopathology and diagnosis , 3 , 333-383. Mental Health and Diseases Psychiatric Nursing The Art of Care Chapter 16		Lecture, Question- answer, Discussion, Group discussion, Problem Based Learning, Case Analysis, Creating a Nursing Care Plan		Somatoform and Dissociative Disorders and Nursing Care Personality Disorders		

	<b>Order PreparationInfo</b>	<b>Laboratory</b>	<b>TeachingMethods</b>	<b>Theoretical</b>	<b>Practise</b>
11	Erbay, L. G., & Seçkin, Y. (2016). Eating disorders. <i>Güncel Gastroenterology</i> , 20(4), 473-477. Çaka, S. Y., Çınar, N., & Altınlıkaynak, S. (2018). Eating disorders in adolescents. <i>Gümüşhane University Journal of Health Sciences</i> , 7(1), 203-209. Bilkay, H. İ., Sarı, T., & Gürhan, N. (2023). A brief review of child-adolescent mental health in Turkey. <i>Journal of Child and Development</i> , 6(12), 78-92. Mental Health and Diseases Psychiatric Nursing The Art of Care Chapter 27-28	Lecture, Question and Answer, Discussion, Group Discussion, Brainstorming, Case Studies, Movie Analysis	Eating and Sleep Disorders Child and Adolescent Mental Health (Externalizing Disorders and Nursing Care, Disruptive Disorders, Impulse Control, Conduct Disorders and Nursing Care Neurodevelopmental / Neurocognitive Disorders and Nursing Care)		
12	Kuloglu, M., Atmaca, M., Serhatlioğlu, S., & Tezcan, A. E. (2002). ORGANIC PSYCHOTIC DISORDER CASE REPORT. <i>Fırat Medical Journal</i> , 7(1), 679-683. Bilge, Y. (2018). Personality disorders and defense mechanisms. <i>Turkish Studies. Mental Health and Diseases Psychiatric Nursing Art of Care Chapter 22</i>	Lecture, Question and Answer, Discussion, Group Discussion, Creating a Nursing Care Plan on Case	Personality Disorders and Nursing Care, Organic Mental Disorders and Nursing Care, Eating - Sleep Disorders and Nursing Care		
13	Mental Health and Diseases Psychiatric Nursing Art of Care Chapter 14-21 Lecturer Lecture Notes Case Presentation	Lecture, Question and Answer, Discussion, Group Discussion, Case Analysis, Discussion on Case	Crisis and Crisis Intervention Substance Use Disorders		
14	BALIBEY, H., GÜNEY, H., & ATEŞ, M. A. (2013). Psychiatric Diseases and Wrong Practices. <i>Turkiye Klinikleri J Fam Med-Special Topics</i> , 4(3), 51-5. Beşiroğlu, L., Uğuz, F., Yılmaz, E., Ağargün, M. Y., Aşkın, R., & Aydin, A. (2008). The effect of psychopharmacologic treatment on quality of life in obsessive-compulsive disorder. <i>Turkish Journal of Psychiatry</i> , 19(1), 38-45. Kayahan, B., & Veznedaroğlu, B. (2006). The Importance of Depressive Symptoms in Schizophrenia and Psychopharmacologic Treatment. <i>Klinik Psikofarmakoloji Bülteni</i> , 16(1). Arslantaş, H. (2015). Ethical Issues, Codes and Standards in Mental Health and Psychiatric Nursing. <i>Journal of Psychiatric Nursing/Association of Psychiatric Nurses</i> , 6(1). Mental Health and Diseases Psychiatric Nursing The Art of Care Chapter 13-35	Lecture, Question-answer, Discussion, Group discussion, Reflection	Psychopharmacology and Other Therapies Legal and Ethical Issues		

#### Workload

<b>Activities</b>	<b>Number</b>	<b>PLEASE SELECT TWO DISTINCT LANGUAGES</b>
Vize	1	2,00
Ödev	7	2,00
Final	1	2,00
Derse Katılım	14	6,00
Ara Sınav Hazırlık	2	4,00
Final Sınavı Hazırlık	2	4,00
Araştırma Sunumu	2	2,00
Teorik Ders Anlatım	14	6,00
Vaka Çalışması	7	4,00
Sözlü	14	1,00
Ders Öncesi Bireysel Çalışma	14	2,00
Ders Sonrası Bireysel Çalışma	14	2,00

Activities	Weight (%)
Ara Sınav	10,00
Final	60,00
Uygulama / Pratik	30,00

## Hemşirelik Bölümü / HEMŞİRELİK X Learning Outcome Relation

P.O. 1	P.O. 2	P.O. 3	P.O. 4	P.O. 5	P.O. 6	P.O. 7	P.O. 8	P.O. 9	P.O. 10	P.O. 11	P.O. 12	P.O. 13	P.O. 14	P.O. 15	P.O. 16	P.O. 17	P.O. 18	P.O. 19	P.O. 20	P.O. 21	P.O. 22	P.O. 23	P.O. 24	
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Table :

- P.O. 1 :** Doğumdan ölüme kadar, sağlıktan hastalığa değişen durumlarda, bakım verirken kazanmış olduğu bilgi, beceri ve tutumu profesyonel mesleki ölçütler doğrultusunda kullanır.
- P.O. 2 :** Bilimsel temellere dayalı olarak, sağlık sorunlarının çözümü ve mesleki gelişme için araştırma yapar ve yayınlar.
- P.O. 3 :** Mesleki etik ve hukuksal değerleri bilir ve hizmeti bu değerler doğrultusunda verir.
- P.O. 4 :** Gelişen teknolojiyi hemşirelik bakımında kullanır.
- P.O. 5 :** Mesleki ve toplumsal alanda değişim ajanı olur.
- P.O. 6 :** Etkili iletişim becerilerini kullanır.
- P.O. 7 :** Disiplin içi ve disiplinler arası ekip çalışması yapar.
- P.O. 8 :** Toplumsal sorumluluk bilinciyle, toplumun kalkınmasına katkı sağlayacak etkinlikler düzenler, karar verme süreçlerinde yer alır.
- P.O. 9 :** Bireyin, ailenin ve toplumun sağlık bakım girişimlerine yönelik eğitim ve danışmanlık verir.
- P.O. 10 :** Bir yabancı dili kullanarak alanındaki bilgileri inceler.
- P.O. 11 :** Kişisel ve mesleki gelişimini destekleyecek sosyal, sanatsal, bilimsel ve sportif faaliyetlere katılır.
- P.O. 12 :** Birey/aile/toplumun sağlığını korumak, geliştirmek ve sağlığını yeniden kazanmasına yardım etmede, gerekli hemşirelik hizmetlerini koordine eder.
- P.O. 13 :** Birey/aile/toplumun sağlığını koruma, geliştirme ve sağlığını yeniden kazanmasına yardım etmede, eleştirel düşünme ve problem çözme becerisini kullanır.
- P.O. 14 :** Hemşirelik alanında hizmet vermeye istek duyar,
- P.O. 15 :** Ekip anlayışının önemini bilir ve bu ekip anlayışı içerisinde çalışır,
- P.O. 16 :** Mesleğin gelişimine katkı sağlayacak niteliklere sahip olur,
- P.O. 17 :** Mesleğin gerektirdiği bilişim ve iletişim teknolojilerini kullanır,

- P.O. 18 :** Bir yabancı dil kullanarak alanındaki bilgileri izler, takip eder ve meslektaşları ile iletişim kurar,
- P.O. 19 :** Sağlığın korunması, geliştirilmesi ve hastalıkların tedavisinde, bireyin öz bakım gücünün artırılmasına katkıda bulunur,
- P.O. 20 :** Hemşirelik hizmetlerinin, bilgiye dayalı, akılç, sistematik olarak sunulmasını sağlar,
- P.O. 21 :** Bireyin fiziksel, ruhsal ve sosyal yönden belirlenen gereksinimleri doğrultusunda bakım verir,
- P.O. 22 :** Bireyin doğum öncesi dönemden başlayarak; çocukluk, ergenlik, yetişkinlik, yaşlılık dönemlerinde bakımını uygular ve ölümü halinde aile üyelerine destek olur,
- P.O. 23 :** Hemşirelik bakımı ile ilgili karşılaşılan problemlerin değerlendirilmesinde, mevcut bilgisayar teknolojilerini kullanır,
- P.O. 24 :** Gerek bireyler gerekse toplumun diğer kesimleriyle, mevcut olanakları kullanarak sözlü ve yazılı iletişim kurar.
- L.O. 1 :** Ruh sağlığını ve psikiyatri hemşireliğini tanımlayabilir.
- L.O. 2 :** Bireyin ruhsal durumunu değerlendirebilir.
- L.O. 3 :** Ruh sağlığı ve psikiyatri hemşireliği doğrultusunda bakım sürecini uygulayabilir.
- L.O. 4 :** Ruh sağlığı ve psikiyatri hemşireliği süreci doğrultusunda sunduğu bakımın sonuçlarını değerlendirebilir.
- L.O. 5 :** Ruhsal bozukluğu olan bireylere ve ailesine hemşirelik girişimlerini uygulayabilir.
- L.O. 6 :** Acil psikiyatrik durumları açıklayabilir.
- L.O. 7 :** Psikiyatride önemi olan yasal konular ve etik sorunları açıklayabilir.
- L.O. 8 :** Psikiyatride etik ilkelere uygun davranış sergileyebilir.